

Diabetes in Youth:

Emerging Trends



Saturday, Oct. 24, 2015

Leonard and Madlyn
Abramson
Pediatric Research Center
*at The Children's Hospital
of Philadelphia*

www.chop.edu/cme

Course Information

Course Overview

The Diabetes Center for Children at The Children's Hospital of Philadelphia is offering this course to school, homecare and case management nurses who have a child with diabetes in their care. This course is designed to provide a solid foundation in current diabetes management to nurses caring for school-aged children with diabetes. The skills necessary for self-management of diabetes will be reviewed, in keeping with the family-management model of the Diabetes Center for Children. Topics for review will include treatment of type 1 and type 2 diabetes, blood glucose monitoring, meal planning and carbohydrate counting. Special emphasis will be given to the emerging epidemic of type 2 diabetes in youth and its causes and treatments. Treatment of hypoglycemia, hyperglycemia and ketonuria, management of psychological and family issues, meeting the needs of the child, and diabetes in the school setting will be discussed.

General Information

The conference will be held on Saturday, Oct. 24, 2015, on the first floor of the Leonard and Madlyn Abramson Pediatric Research Center at The Children's Hospital of Philadelphia. Registration will begin at 8 a.m. The \$100 registration fee includes breakfast, breaks, lunch, syllabus materials and parking.

Course Objectives

Upon completion of this course, participants should be able to:

1. Describe acceptable diabetes control in the school-aged child
2. Identify the tools necessary for successful diabetes management
3. Identify the signs of hypoglycemia, hyperglycemia and ketonuria

4. Calculate the carbohydrate content in foods
5. Describe ways of enlisting under-involved parents in the plan for their child's diabetes care
6. Locate community resources for families with psychosocial problems affecting diabetes control
7. Identify treatment strategies for children with type 2 diabetes

Nursing Accreditation Statement

This activity has been submitted to the PA State Nurses Association for approval to award contact hours. PA State Nurses Association is accredited as an approver of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

Cancellation and Refund Policy

The Children's Hospital of Philadelphia reserves the right to cancel or postpone any course due to any unforeseen circumstances. In the event of cancellation or postponement, The Children's Hospital of Philadelphia will refund any registration fees, less a \$40 service fee, but is not responsible for any related costs, charges or expenses to participants, including cancellation charges assessed by hotels, airlines or travel agencies. In order to process refunds for course withdrawals, cancellations must be received in writing by Monday, Oct. 12, 2015. No refunds will be issued thereafter.

Services for People with Disabilities

If special arrangements are required for an individual with a disability to attend this meeting, please contact the Continuing Medical Education Department at 215-590-5263.

Course Faculty

*All faculty is from the Diabetes Center for Children,
Division of Endocrinology and Diabetes at
The Children's Hospital of Philadelphia.*

Course Director

Christina Preis, M.S.N., C.R.N.P., C.D.E.
Pediatric Nurse Practitioner

Course Faculty

Dawn DeVan-Bertrand, M.S.W., L.C.S.W., L.S.W.
Social Worker

Sandy Hartranft, R.N., B.S.N., C.D.E., C.P.T.
Diabetes Educator, Pump Trainer

Heather McKnight-Menci, B.S.N., M.S.N., C.R.N.P.
Pediatric Nurse Practitioner

Jennifer Tsafos, R.D., L.D.N., C.N.S.D., C.D.E.
Clinical Dietitian



Program – Saturday, Oct. 24, 2015

- 8 a.m. Registration, Continental Breakfast and Insulin Pump Exhibit
- 8:30 a.m. Managing Type 1 Diabetes
Christina Preis, M.S.N., C.R.N.P., C.D.E.
- 9:30 a.m. Nutritional Management of Diabetes
Jennifer Tsafos, R.D., L.D.N., C.N.S.D., C.D.E.
- 10:15 a.m. Break
- 10:30 a.m. Managing Type 2 Diabetes
Heather McKnight-Menci, B.S.N., M.S.N., C.R.N.P.
- 11:15 a.m. Insulin Pump Management
Sandy Hartranft, R.N., B.S.N., C.D.E., C.P.T.
- Noon Lunch
- 1 p.m. Managing Diabetes at School
Christina Preis, M.S.N., C.R.N.P., C.D.E.
- 2 p.m. Behavioral Issues and Diabetes
Dawn DeVan-Bertrand, M.S.W., L.C.S.W., L.S.W.
- 2:30 p.m. Program Adjourns



Registration

Diabetes in Youth: Emerging Trends

Saturday, Oct. 24, 2015

Registration Deadline: Friday, Oct. 9, 2015

*Name: _____

☐ R.N. ☐ C.R.N.P.

*School Name: _____

*Home Address: _____

City: _____ State: _____ ZIP: _____

Phone: _____ Fax: _____

*Email: _____

**Required fields*

Conference Registration Fee: \$100

Registration will not be processed unless accompanied by full payment.

Faxed registrations will only be accepted for credit card payments.

Method of Payment

☐ Personal check ☐ Institutional check

(Please make check payable to The Children's Hospital of Philadelphia.)

☐ Purchase Order

(Note: P.O. must accompany registration form and payment must be received prior to the conference. Continuing education credits will not be issued until full payment is received.)

☐ MasterCard ☐ American Express ☐ VISA ☐ Discover

Credit Card #: _____

Exp. Date: _____

Mail/fax the completed registration form and payment to:

Ms. Micah Holliday

Continuing Medical Education Department

The Children's Hospital of Philadelphia

34th Street and Civic Center Boulevard

Philadelphia, PA 19104-4399

Phone: 215-590-5CME

Fax: 215-590-4342

Email: hollidaydm@email.chop.edu

Visit us online at www.chop.edu/cme